“Work experience this year, has not been possible and so here is a programme of activities which link to the workplace to help you to still gain some of the key employability skills and knowledge you have missed out on. This week we would like you to take part in a world of work insight week to begin to get you thinking about your future aspirations and post 16 choices. Every day you may take part in the range of 20 lessons available to you all week via Oak National Academy. The lessons will support you to gain insight into the world of work through employer videos and resources. There will also be tasks set for you to complete each day to develop and showcase employability skills.

My Week Of Work
Virtual Work Experience
My Week Of Work

Due to current circumstances work experience is not possible this year, we have however been given the opportunity by some very kind and amazing people to provide you with virtual work experience (VWEX). In the next slides you can read a bit more about it as well as see the time table and what is offered. There are 20 lessons spread through the week.

I will ask that after each lesson is done, whether you do 1 or more that you answer a few questions in word, you will find these questions on the 6th slide. It would be fantastic if everyone gets involved in this, it’s a great opportunity and very useful.

There are some additional websites in the last slide that offer different VWEX experiences that you may want to do after too.

If you have any questions or concerns please do contact the careers team, and we will be happy to help.

careers@hansonacademy.org.uk
My Week of Work

Introduction

What is the programme about?

Work experience this year has not been possible and so here is a programme of activities which link to the workplace to help you to still gain some of the key employability skills and knowledge you have missed out on.

This week we would like you to take part in a world of work insight week to begin to get you thinking about your future aspirations and post 16 choices. Every day you may take part in the range of 20 lessons available to you all week via Oak National Academy.

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Each session is a PowerPoint that you access. It has information, videos and task and is narrated all the way through. There is a virtual mentor who will pop up at various points to keep checking with you. There are mini tasks where you will be asked to pause the session to check your understanding and complete something exciting and there are key tasks for you to complete each day.
Here is a quick overview of the week:

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td><strong>Theme for the day</strong></td>
<td><strong>Introduction</strong></td>
<td><strong>Meet the Team: Human Resources</strong></td>
<td><strong>Meet the Team: Marketing</strong></td>
<td><strong>Meet the Boss: Leadership</strong></td>
</tr>
<tr>
<td><strong>Session title</strong></td>
<td><strong>Investigate the Sectors (1)</strong></td>
<td><strong>Work Life Balance</strong></td>
<td><strong>Innovation and Creative Thinking</strong></td>
<td><strong>HR Recruitment</strong></td>
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<td><strong>Skills development and showcase</strong></td>
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<tr>
<td><strong>Session title</strong></td>
<td><strong>Investigate the Sectors (2)</strong></td>
<td><strong>Mental Health and Well Being in the World of Work</strong></td>
<td><strong>Marketing Campaigns</strong></td>
<td><strong>Employability Skills in Everyday Life</strong></td>
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<td><strong>Skills development and showcase</strong></td>
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<tr>
<td><strong>Session title</strong></td>
<td><strong>Insight into the World of Work</strong></td>
<td><strong>Work Skills and Reflection</strong></td>
<td><strong>You as a Brand!</strong></td>
<td><strong>Reflection of the week</strong></td>
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<tr>
<td><strong>Skills development and showcase</strong></td>
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How do I access the programme?

You can access ‘My Week of Work’ lessons directly through the Oak National Academy platform at www.thenational.academy there is no registration required.

You can also register with LearnLive for sessions where you can listen and use a chat function to ask questions of employers from different sectors. Register here.

Learn Live Timetable

Tune in to one of the ‘Learn Live’ broadcasts Tuesday to Friday – these are industry Q&A sessions that seek to inspire the next generation through engaging and interactive live broadcasts. Register for the Learn Live sessions here.

<table>
<thead>
<tr>
<th>Time</th>
<th>Tuesday 9th June</th>
<th>Wednesday 10th June</th>
<th>Thursday 11th June</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10:00am - 12:00pm, Health &amp; Social Care</td>
<td>10:00am - 12:00pm, Engineering / Manufacturing</td>
<td>10:00am - 12:00pm, Energy &amp; Renewables</td>
<td>10:00am - 12:00pm, Mix of sectors*</td>
</tr>
<tr>
<td>2</td>
<td>12:00pm - 1:00pm, Mix of sectors</td>
<td>12:00pm - 1:00pm, Mix of sectors</td>
<td>12:00pm - 1:00pm, Mix of sectors</td>
<td>12:00pm - 1:00pm, Mix of sectors*</td>
</tr>
<tr>
<td>3</td>
<td>1:00pm - 3:00pm, Creative &amp; Digital</td>
<td>1:00pm - 3:00pm, Construction</td>
<td>1:00pm - 3:00pm, Mix of sectors</td>
<td>1:00pm - 3:00pm, Your Next Steps</td>
</tr>
</tbody>
</table>

Information for your parents

We know how important it is that you are working safely online. All of these activities are designed and moderated to make sure that you are well protected. See more information:

Oak National Academy safeguarding policy.
Learn Live safeguarding policy.
Questions to be answered after a lesson

I kindly ask that after you complete a lesson, you answer these questions in a word document and send it to myself, Mr Swaine or Mr O’Neill. If you do more than 1 lesson then answer these again for each lesson.

- What did you learn from this lesson?
- Did you enjoy it? Or did you not enjoy it? Why?
- What would you change about these lessons?
- Is there a different VWEX you would want to do that was not provided this time? Elaborate

Please make sure to put your name on the document and title of what lesson you are telling us about.
VWEX LINKS

This is a law VWEX

This is a general VWEX
https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience

This is another general WEX
https://www.speakersforschools.org/experience-2/vwex/

This is a medical VWEX
https://bsmsoutreach.thinkific.com/courses/VWE